

3rd Annual

**SUNDAY, OCTOBER 12, 2014**

Starting at 2:00 p.m.

# TIFFIN FIREFIGHTERS'

## 5k and 1-Mile Fun Run



Chip Timed Event!

Benefiting:

*Stefanie Spielman*

FUND FOR BREAST CANCER RESEARCH

OSU COMPREHENSIVE CANCER CENTER  
JAMES CANCER HOSPITAL &  
SOLOVE RESEARCH INSTITUTE

**The 1-Mile Fun Run begins at 2:00 p.m.**  
using the walking path inside the park.

**The 5k Run/Walk starts at 2:20 p.m.**  
and is an out and back road course along the newly paved Coe St. and Jefferson St.

### Registration Info:

Entries received before October 5, 2014 will be \$20 for the 5k.  
\$10 for the 1-Mile Fun Run.  
A race shirt is guaranteed.

After October 5 through the day of the race entries for the 5k will be \$25.  
\$10 for the 1-Mile Fun Run.  
Extra shirts may be available at the race, but not guaranteed.

Race day registration and packet pick up will begin at 12:00 p.m. at the Moose Shelter in Hedges-Boyer Park.

### 5k Age Groups & Awards:

<14, 15-19, 20-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54, 55+

Medals will be awarded to the top 3 male and top 3 female finishers in each age group.

Our fastest overall male and female finishers will be awarded the 2014 Tiffin Firefighters' 5k Helmet Shield.

## REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Phone: \_\_\_\_\_ Birth date: \_\_\_\_\_

Email: \_\_\_\_\_

Age on Day of Race \_\_\_\_\_ M / F

Event: 5k Run/Walk or 1-Mile Fun Run  
(Circle One)

Shirt Size: Youth Medium Youth Large Adult Small

Adult Medium Adult Large Adult XI Adult XX-Large

## RELEASE FORM

I, \_\_\_\_\_, know that I am running a road race that is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree and abide by any decision relative to my ability to safely compete in the run. I assume all risks associated with running in the Tiffin Firefighters' 5k and/or 1-mile Fun Run, including but not limited to falls, contact with other participants, the affects of weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I and anyone entitled to act on my behalf release the Tiffin Firefighters' Local 322, Tiffin Fire/Rescue Division, all city, state governments, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. The event will be held rain or shine.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT SIGNATURE (if under 18 years of age)

**Please mail your registration to:**

**Tiffin Firefighter's 5k**

**P.O. Box 453**

**Tiffin, Ohio 44883**

Online sign up is available at <https://runsignup.com/firefighters5k>

For more information, contact Rob Chappell at the Tiffin Fire Department. 419-448-5444 or rchappell@tiffinohio.gov